



Menu for the week of

5/15/2017

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5/19/2017

	5/15/2017 Monday	5/16/2017 Tuesday	5/17/2017 Wednesday	5/18/2017 Thursday	5/19/2017 Friday
Soup	Chicken & Dumpling Soup	Ham & Bean Soup	Broccoli & Cheese Soup	Minestrone Soup	Chicken Noodle
Chef's Entree	Grilled Bacon Cheeseburgers w/ Waffle Fries	Brunch for Lunch: Pancakes, Waffles, Hash Brown, Bacon or Sausage	Baked Herb Chicken w/ Corn on the Cob	Pasta Bar: Penne or Fettuccini, Marinara or Alfredo w/ Breadstick	Pepperoni-Cheese Pizza Served with Fresh Melon
Kids Pick	Beef Quesadillas w/ Spanish Rice	Cheese Ravioli w/ Side Salad	Meatball Sub w/ Baked Chips	Vegetable Lasagna w/ Garlic Breadstick	Grilled Chicken Wrap w/ Baked Chips
Fresh Vegetables	Steamed Veggie Medley	Sweet Corn	Peas & Carrots	Italian Veggie Medley	Carrot / Celery Sticks
Deli Sandwich	Grilled Chicken Wrap	Ham & Cheese	Turkey Club	Roast Beef & Cheddar	Tuna Salad Hoagie
Healthy Choice	Chef's Salad w/ Turkey & Ham	Chicken Caesar Salad	Spinach Salad w/ Berries	Taco Salad	Garden Salad
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream
Menu Breakdown:	All Lunches are served with: Entrée, 2 Sides, Beverage and Dessert.	Dessert can be: Fruit, Cookie, Cake, Pudding, Yellow Cake or Brownie	A la Carte Items Include: Any Dessert Item. Fresh Fruit, Cheese Stick, Yogurt or Veggie Cup	Pricing Breakdown: PreK-1st - \$4.90 2nd - 4th - \$5.50 5th - 8th - \$6.05	Payment Options: Credit cards (no AMEX), cash or check. Payments can be made in cafeteria or dropped off at front office.
Beverages:	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water
Ala Carte Items:	Jello / Pudding Cup - \$1 Yogurt Cup - \$1 May be Substituted for Dessert Option.	Fresh Fruit: Strawberries, Grapes, Pineapple, Watermelon, Peaches, Cantaloupe - \$1	Side Salad: Fresh Garden Salad Offered Daily - \$1	Pasta Salad - Chef's Choice Veggie Medley - \$1	Fruit or Salad Choices May be Substituted for Daily Vegetable Option.
Dessert	Yellow Cake	Sliced Peaches	Chocolate Brownies	Cookies	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$4.90 1st through 3rd Grades \$5.50 and 4th through 8th Grades \$6.05

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

