



# Menu for the week of

**5/22/2017**

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**5/26/2017**

	<b>5/22/2017 Monday</b>	<b>5/23/2017 Tuesday</b>	<b>5/24/2017 Wednesday</b>	<b>5/25/2017 Thursday</b>	<b>5/26/2017 Friday</b>
<b>Soup</b>	Ham & Bean Soup	Taco Soup	Vegetable Beef Soup	Chicken Noodle Soup	
<b>Chef's Entree</b>	Homemade Beef Lasagna w/ Side Salad	Taco Tuesday: Crispy Beef Tacos w/ Charro Beans	Chicken Fried Rice w/ Egg Rolls	Pepperoni-Cheese Pizza Served with Fresh Melon	
<b>Kids Pick</b>	Baja Fish Tacos w/ Carribbean Rice	Fried Catfish w/ Hush Puppies	Chicken Nuggets w/ Curly Fries	Corn Dogs w/ Fresh Melon	
<b>Fresh Vegetables</b>	Steamed Veggie Medley	Steamed Broccoli	Steamed Asian Veggies	Carrot / Celery Sticks	
<b>Deli Sandwich</b>	Grilled Chicken Wrap	Ham & Cheese	Turkey Club	Chicken Salad Hoagie	
<b>Healthy Choice</b>	Chef's Salad w/ Turkey & Ham	Chicken Caesar Salad	Spinach Salad w/ Berries	Garden Salad	
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	
<b>Menu Breakdown:</b>	All Lunches are served with: Entrée, 2 Sides, Beverage and Dessert.	Dessert can be: Fruit, Cookie, Cake, Pudding, Yellow Cake or Brownie	A la Carte Items Include: Any Dessert Item. Fresh Fruit, Cheese Stick, Yogurt or Veggie Cup	Pricing Breakdown: PreK- 1st - \$4.90                      2nd - 4th - \$5.50                      5th - 8th \$6.05	Payment Options: Credit cards (no AMEX), cash or check. Payments can be made in cafeteria or dropped off at front office.
<b>Beverages:</b>	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Capri Sun, 100% Juice Apple & Eve, 2% Milk or Fat Free Chocolate Milk, Water	
<b>Ala Carte Items:</b>	JellO / Pudding Cup - \$1 Yogurt Cup - \$1 May be Substituted for Dessert Option.	Fresh Fruit: Strawberries, Grapes, Pineapple, Watermelon, Peaches, Cantaloupe - \$1	Side Salad: Fresh Garden Salad Offered Daily - \$1	Pasta Salad - Chef's Choice Veggie Medley - \$1	Fruit or Salad Choices May be Substituted for Daily Vegetable Option.
<b>Dessert</b>	Yellow Cake	Rice Krispie Treats	Chocolate Brownies	Ice Cream	

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$4.90 1st through 3rd Grades \$5.50 and 4th through 8th Grades \$6.05

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

