



Menu for the week of

8/14/2017

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8/18/2017

	8/14/2017 Monday	8/15/2017 Tuesday	8/16/2017 Wednesday	8/17/2017 Thursday	8/18/2017 Friday
Soup		Potato Soup	Chicken & Dumpling	Ham & Bean Soup	Chicken Noodle
Chef's Entree	Spaghetti w/ Meat Sauce & Garlic Breadstick	Taco Tuesday w/ Spanish Rice	Beef Lasagna w/ Garlic Breadstick	Grilled Chicken w/ Vegetable Rice	Pepperoni-Cheese Pizza Day served with Fresh Melon
Kids Pick	Chicken Tenders w/ Mac & Cheese	Grilled Hamburgers w/ Curly Fries	Chicken Nuggets w/ Potato Wedges	Corn Dog w/ Mac & Cheese	Pasta w/ Marinara
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Steamed Broccoli	Peas & Carrots	Side Salad	Green Beans	Caesar Salad
Deli Sandwich	Ham & Cheese	Turkey & Swiss	Grilled Chicken Wrap	BLT	*****
Healthy Choice	Garden Salad	Southwest Salad	Chicken Caesar Salad	Greek Spinach Salad	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream
Menu Breakdown:	All Lunches are served with: Entrée, 2 Sides, Beverage and Dessert.	Dessert can be: Fruit, Cookie, Cake, Pudding, Yellow Cake or Brownie	A la Carte Items Include: Any Dessert Item. Fresh Fruit, Cheese Stick, Yogurt or Veggie Cup	Pricing Breakdown: PreK-1st - \$5.00 2nd - 4th - \$5.95 5th - 8th - \$6.20	Payment Options: Credit cards (no AMEX), cash or check. Payments can be made in cafeteria or dropped off at front office.
Beverage Bar	100% Real Apple, Grape, Berry Capri Sun Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Capri Sun Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Capri Sun Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Capri Sun Juice, 2% Milk or Fat Free Chocolate Milk, Water	100% Real Apple, Grape, Berry Capri Sun Juice, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Chocolate Brownie	Chocolate Brownie	Banana Pudding	Chocolate Brownie	Cookie

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

