



# Menu for the week of

**10/8/2018**

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**10/12/2018**

	<b>10/8/2018 Monday</b>	<b>10/9/2018 Tuesday</b>	<b>10/10/2018 Wednesday</b>	<b>10/11/2018 Thursday</b>	<b>10/12/2018 Friday</b>
<b>Soup</b>		Chicken & wild Rice	Tomato Basil Soup	Vegetable Beef	Chicken Noodle
<b>Chef's Entree</b>	No School	Taco Tuesday (Crispy Beef Tacos) w/ Refried Beans	Orange Chicken w/ Egg Roll	Beef and Cheese Enchiladas w/ Pinto Beans	Pepperoni, Cheese Pizza Day Served with Fresh Fruit
<b>Kids Pick</b>		Chicken Tenders w/ Mac & Cheese	Ultimate Grilled Cheese w/ Tomato Soup and Baked Chips	Corn Dog w/ Tater Tots	Pasta w/ Marinara w/ Garlic Breadstick
<b>Kid Pick Sides</b>		Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
<b>Fresh Vegetables</b>		Sweet Peas	Edamame	Steamed Carrots	Caesar Salad
<b>Deli Sandwich</b>		Turkey & Swiss Wrap	Grilled Chicken Wrap	BLT	*****
<b>Healthy Choice</b>		Trio Salad - Greens w/ Tuna, Chicken and Fruit	Southwest Taco Salad	Cobb Salad	*****
<b>Baked Potatoes</b>		Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese and Sour Cream
<b>Beverage Bar</b>		100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>		Jello	Yellow Cake	Chocolate Brownie	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.00 1st through 3rd Grades \$5.65 and 4th through 8th Grades \$6.25

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



**DINING SERVICE**