



# Menu for the week of

## 12/3/2018

-

## 12/7/2018

	12/3/2018 Monday	12/4/2018 Tuesday	12/5/2018 Wednesday	12/6/2018 Thursday	12/7/2018 Friday
<b>Soup</b>	Tomato Basil Soup	Beef Stew	Vegetable Beef	Homemade Chili	Chicken Noodle
<b>Chef's Entree</b>	Chopped Steak w/ Mashed Potatoes	Pasta Bar: Penne or Fettuccine, Alfredo or Marinara - Breadsticks	Chicken Enchiladas w/ Tomatillo Sauce and Spanish Rice	BBQ Chicken w/ Baked Beans	Pepperoni-Cheese Pizza Day Served with Fresh Melon
<b>Kids Pick</b>	Corn Dog w/ Tater Tots	Crispy Chicken Club w/ Baked Chips	Cheese Ravioli w/ Garlic Breadstick	Chopped Brisket Sandwich w/ Baked Beans	Pasta w/ Marinara
<b>Kid Pick Sides</b>	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
<b>Fresh Vegetables</b>	Peas & Carrots	Steamed Broccoli	Side Salad	Steamed Cabbage	Caesar Salad
<b>Deli Sandwich</b>	Ultimate BLT	*****	Wow Butter & Jelly	*****	*****
<b>Baked Potatoes</b>	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream
<b>Salad Bar</b>	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham). Sandwich Bar	Variety of Fresh Vegetables. Protein Choices (Chicken, Turkey & Ham).	No Salad Bar Today
<b>Beverage Bar</b>	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
<b>Dessert</b>	Jello	Chocolate Brownie	Yellow Cake	Sliced Peaches	Ice Cream

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.15 1st through 3rd Grades \$5.80 and 4th through 8th Grades \$6.40

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP

