



Menu for the week of

2/11/2019

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2/15/2019

	2/11/2019 Monday	2/12/2019 Tuesday	2/13/2019 Wednesday	2/14/2019 Thursday	2/15/2019 Friday
Soup	Chicken & Wild Rice	Baked Potato Soup	Chicken & Dumpling	Gumbo	Chicken Noodle
Chef's Entree	Pot Roast w/ Wheat Rolls	Chicken Tetrizzini w/ Spaghetti Pasta & Garlic Bread	Pork Tenderloin w/ Roasted Red Potatoes	Beef Stroganoff w/ Dinner Rolls	Pepperoni, Cheese Pizza Day Served with Fresh Fruit
Kids Pick	Chicken Tenders w/ Baked Beans	Grilled Hamburgers w/ Curly Fries	Beef Hot Dogs w/ Mac & Cheese	Grilled Chicken Burrito w/ Cilantro Rice	Pasta Marinara
Kid Pick Sides	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup	Carrot, Celery, Cucumbers or Fruit Cup
Fresh Vegetables	Steamed Carrots & Onions	Broccoli Normandy	Green Beans	Corn on the Cob	Caesar Salad
Deli Sandwich	Wow Butter & Jelly	Turkey & Swiss Wrap	Grilled Chicken Wrap	BLT	*****
Healthy Choice	Chicken Caesar Salad	Trio Salad - Greens w/ Tuna, Chicken and Fruit	Greek Salad	Cobb Salad	*****
Baked Potatoes	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon bits and Sour Cream	Served Daily with Cheddar Cheese, Bacon Bits and Sour Cream
Beverage Bar	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water	100% Juice Suncup 6oz, 2% Milk or Fat Free Chocolate Milk, Water
Dessert	Cookies	Banana Pudding	JellO	Chocolate Pudding	Cookie

Daily Meal features Choice of Main Entrée or Deli Sandwich Box or Salad Entrée and choice of two sides, dessert and a beverage.

Pre-K3 - K - \$5.15 1st through 3rd Grades \$5.80 and 4th through 8th Grades \$6.40

This menu has been reviewed by our Nutritionist Cynthia Wolfram, RDN, LD / Dietitians for Healthcare, LLP



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